DATING

EXPERT'S GUIDE

TO MEETING SINGLES IN

PERTH

WELCOME

Have you fallen into a slump thinking it's impossible to meet great singles and find love in Perth? It's time to STOP!

As Perth's most experienced dating coach and relationship expert, I've made it my purpose over the last seven years to create ways for Perth's singles to meet, have fun and even start the relationship of a lifetime.

Over that time, I've discovered that there are literally thousands of Perth singles in the same position as you – looking to meet their match! But, you might ask – if there are so many singles – Where are they all hiding?

In this report I'll offer you a list of the best places to meet quality singles in Perth and a number of actionable steps you can put in place to increase your chances of finding love.
If you're tired of going the to the same old places and getting the same old results then read on - your life is about to CHANGE for the better.

ABOUT THE AUTHOR

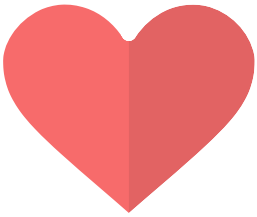
Debbie Rivers is the founder of Dare2Date, Perth's premier organiser of singles events and dating coaching provider. Debbie is a certified Match Maker trained by the Matchmakers Institute in New York and also trained as a Life Coach with the Life Coaching Institute. In addition, Debbie is also a certified practitioner in Coaching and NLP.

She blogs about dating and life at Dare2Date and Debbie Does Dating and is a sought-after media commentator on all things relationships and dating.

DEBBIE'S DATING MANIFESTO

First things first.
The most important part of meeting someone is not where you look, but the attitude you approach them with. These are my ten top tips to help get you in the right frame of mind for meeting the right person –

I call it my Dating Manifesto!



ONE - ENJOY BEING SINGLE

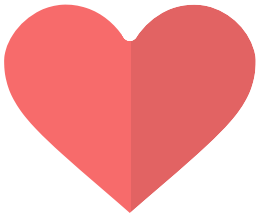
Approach your time as a 'singleton' positively and use it to do things you have always wanted to do or try – without having to check if someone else wants to do them too! It will make good use of your time, stop you from feeling lonely and is a great way to meet a whole new group of people. You may not believe it now, but when you are in a relationship you may envy the opportunity your single self had to make decisions based only on your own interests and happiness!

TWO - CELEBRATE YOUR UNIQUE SELF

Relax and enjoy life and the wonderful and unique person you are. Happy and positive people naturally attract people to them and a smile can be more powerful than you think. Instead of approaching love as a way for you to find happiness, think of happiness as the way to find love. Even if you are feeling shy, unconfident and unattractive, fake it till you make it. Simple changes such as holding your head up high and smiling will get positive reactions that will in turn build your self confidence.

THREE - DRESS TO IMPRESS

Make an effort to look your best. Now, this doesn't have to cost a lot or mean you have to try to look like the latest music or movie star (they are airbrushed anyway!). Find out what suits you (either treat yourself to a style consultation or ask a trusted friend) and try to stick to it. It is better to have a small amount of good quality pieces that really suit you than a huge fashionable wardrobe that doesn't. You can easily change the look of basics with some affordable accessories. Guys – rethink some of your 'old favourites' and ask someone who will be honest with you for help if fashion is not your strong point.



FOUR - PUSH YOUR COMFORT ZONE

Try a couple of different activities each week – even it if makes you feel uncomfortable. I can't stress how important this is! Now, unless someone has developed a dating delivery service that I'm unaware of, you're unlikely to meet someone sitting on your couch in front of Netflix! Not only does going out and trying new thinks open your mind up, help you discover new interests, and stop you dwelling on your single state; it exposes you to a whole range of different ways of meeting people. Keep in mind the phrase 'If you always do what you've always done, you'll always get what you've always got' – if you stick to the same activities (or inactivities!) you are used to, you significantly reduce your chances of meeting someone new. When you buy a new car you don't expect the car to magically turn up at your door; nor do you think you are just going to bump into your car on the street. You will go out and actively look for the perfect car – you won't limit yourself to one car dealership. You will look in the newspaper, various publications, online, car yards, etc. I don't think you worry too much where you get the car from as long as you get what you are looking for. The same applies to meeting singles – they generally don't come knocking at your door, you have to go out and meet them by a variety of methods.

FIVE - APPEAL TO THE OTHER SENSES

It's amazing how much our less obvious senses play into attraction to the opposite sex – we are animals after all. Guys - a decent aftershave can be more powerful than you think in capturing the interest of the opposite sex; and girls – freshly washed hair is irresistible to a lot of men. Don't be tempted to be too heavy handed though, there is nothing as overpowering as too much cologne or perfume especially if it's not to your taste!

SIX - DON'T OVERSHARE

When you feel that you have made a connection with another person, it can feel too easy to give them a lot of personal information – you might think of it as bonding. Warning: do NOT overshare on early dates! Never reveal more than you need to, a little mystery is a good thing. Dating should be a fun experience, not a rehash of all past relationships and bad experiences!

SEVEN - HOLD YOUR HORSES!

Take things slowly and get to know someone - trust me, this can save you a lot of pain in the long run! Did you know that it actually takes around 3 months to actually get to know someone well? I don't want to sound old-fashioned, but as part of this you should also beware of having sex too early on, as it clouds your judgement.

EIGHT - CHEMISTRY CAN BE OVERRATED

Don't over-rely on chemistry. The happiest couples I know have told me they didn't even like each other to start with, let alone have chemistry. Give it 3 dates before you rule someone out.

NINE - PLAY THE NUMBERS GAME

Remember that dating is a numbers game. You may have to meet 20 people before you actually click with someone. So don't think of an unsuccessful date as a failure – think of it as being one step closer to meeting the right one!

TEN - HOLD ON TO YOURSELF

Finally, everyone needs to learn to fall in love without losing themselves. You might think I'm putting the cart before the horse here, but there are so many fantastic Perth singles of both sexes waiting to meet you that I'm confident you will find someone. When you do, focus on retaining your unique personality and individual interests that attracted them in the first place rather than just being 'the other half'. This will keep your relationship strong.

LOOK AT THINGS DIFFERENTLY

In your search to meet great people I recommend expanding your scope. From the events I run I find that people can have rigid ideas on the type of person they want to meet and don't look beyond that. Some of the happiest couples I know met through expanding their scope and not being instantly judgemental.

Being clear about what you want in a partner is important, but some things on our list of qualities are not as essential as others. It can be easy to become too narrow in what you are looking for, which in turns leads you to overlook someone who could be perfect for you. Your perfect partner might end up being 5ft 8 instead of 6ft, they could be a teacher or a tradie rather than a business person; she might not like to travel or be older than you imagined. What you should be looking for is how someone makes you feel.

When people learn that you are single, if they are the matchmaking type they may ask what you are looking for. If you come up with a narrow list they could be hesitant to introduce you to other friends in case you reject them and it reflects badly on the matchmaker – and you could be missing out on meeting someone awesome. So if you are asked what you are looking for - say ‘someone wonderful’. This helps you think outside of the box without listing your criteria.

I want you to try this simple exercise – the next time you go out, scan the room for people wearing something red. You will be surprised at how few people are. Now imagine that the 'red group' is your type! See how small the group of people are who are wearing red! No wonder it is hard to find 'the one' when you narrow down your criteria this way! Now, try scanning the room for people wearing something white and you have instantly increased the number of people who fit your criteria and your chances of meeting someone. Changing one element of what you are looking for can open up a world of opportunity. There are a lot more fish in the sea when you cast a wider net!

Next, try this exercise with more meaningful criteria than colour. For example, look for your opposite physical type – maybe blondes rather than brunettes, shorter rather than tall folk, or guys without a full head of hair. By doing this you are opening up your mind for more possibilities and also deprogramming yourself from choosing the same. You never know what is under the external disguise.

PLACES TO GO, THINGS TO DO

There are so many places you can meet other singles in Perth Western Australia. And guess what – they aren't all new. You just may have never thought of their 'single potential' before. This list was created in 2015 but if you can't find any of these specific example remember that Google is your friend, and this should spark off ideas of places and activities where you can meet great singles in Perth.

ONE - LEARN A NEW SKILL

Try any type of class – not only will you be learning a new skill but you'll be in a great environment to meet other people who share your interests and are open to learning new things. Here are just a few ideas from the start of the alphabet!

ACTING CLASSES

Always wanted to light up the silver screen? Film acting classes could be your pathway to fame! Acting training also does wonders for your self-esteem, so what have you got to lose?
http://www.perthfilmschool.com/

ART AND CRAFTING CLASSES

Fremantle Art Centre offers creative classes in painting, drawing, and jewellery. Ceramics and Photography are classes that are likely to attract both genders.
www.fac.org.au

Craftbound offers weekend craft classes in North Perth in crochet, knitting and felting. Largely female attendance but hipster blokes have been spotted crocheting granny squares.
www.craftbound.com.au

Learn some new skills from 'A Good Looking Man' and get a cool new piece for your home making your own furniture. Girls if you are looking to meet guys or impress them with your tool skills, this is the place to start: www.agoodlookingman.com.au

COOKING CLASSES

Cooking classes create a fantastic, relaxed atmosphere to meet other singles – usually with a bonus of a tasty shared meal after the class. With a cool inner city vibe in Highgate, Sophie Budd's cooking school offers a wide range of classes including South American, Dim Sum and Raw Food. Head out to Mt Lawley's Beaufort Street bars afterwards! www.tastebudds.com.au

Headed up by food expert Riki Kaspi, this school offers Moroccan, French and Baking classes among many others. www.thecookingprofessor.com.au

DANCING CLASSES

Feel like you aren't impressing on the dance floor? Adult dance classes are available around Perth and cater to everyone from novices to the more experienced. If you are a physical person, dance can be a great place to express yourself in front of a prospective love interest!
Hip hop, African, Jazz, Bollywood and many more styles in Osborne Park
www.danceworkshop.com.au

A mix of Rock n' Roll, jive and and salsa, you can learn fast and sexy Ceroc dancing at a great Art Deco Venue in Mt Lawley.
www.cerocperth.com.au

If you prefer a more genteel pace, ballroom dancing may be more your style. Gilkinsons' are an established ballroom dancing studio who are used to catering for singles – 70% of their clients come alone to learn to rumba, quickstep and cha cha cha!
www.gilkisons.com.au

TWO - GET SOME TEAM MATES

Now, you may not think of yourself as a sporty person, but there are plenty of mixed teams out there now that are more social than competitive! In fact, if you find the right club or sporting group to get involved with it can open up so many different activities such as BBQs, fundraisers and the like, in addition to the sport itself.

It goes without saying, if you are looking to find a partner of the opposite sex, you need to look at mixed teams – which are certainly on the rise in Perth – or a club that has both strong men's and women's programs with lots of social opportunities. If you don't think of yourself as super fit, consider a less taxing sport such as lawn bowls (not just for the blue rinse set now!) or croquet.

Curtin University's Social Sport is a weekly social sporting competition for all levels – and you don't need to be a student to get involved. Three seasons are held each year with eight different sports offered across 17 categories - open, womens, mens and mixed. If you don't have a team yet, their facebook page is the place to introduce yourself.
http://life.curtin.edu.au/curtin-stadium/social-sport.htm

Lords in Subiaco hosts weekly competitions in basketball, netball, indoor soccer, volleyball and dodgeball with mens, womens and mixed teams. If you don't have a team, you can fill out the spare player application on their website.
http://www.lords.com.au/Sports/

Loftus Recreation Centre in Leederville is one of the most popular team sports venues in Perth for soccer, netball, basketball, and volleyball. You can register your individual interest on their website to join a team
http://www.loftusrecreationcentre.com.au/facilities/sports_stadium

THREE - LET'S GET PHYSICAL

Apart from team sports, running, cycling, sailing and swimming are some other physical activities that offer up great opportunities to meet people with similar interests. You can simply plunge in at your favourite exercise location (the boardwalks at Cottesloe beach and North Beach are personal favourites) and get chatting to likely looking singles during your warm up and cool down, or join a formal club.

RUNNING

A list of Australia-wide running clubs can be found on this site:
http://www.coolrunning.com.au/

You can also find popular running trails here:
http://www.mapmyrun.com/au/perth-western-australia/

SWIMMING

Love the salt water? This club takes advantage of Perth's fantastic Indian Ocean location for open water swimming. Who knows, you could find your next Rottnest swimming team as well as a date!
http://www.openwaterswimming.com.au/

SAILING

There aren't many experiences as magical as getting out on the Swan River on a summer's evening for a twilight sail. Not lucky enough to have your own vessel? No problem – many boat owners look for fill in crew and are often happy to take inexperienced sailors, provided you can pull your own weight and work as a team:

http://www.sopyc.com.au/on-water-categories/crew-finder/

Also look out for ads on Gumtree, a popular place to advertise for crew.

FOUR - SINGLE SPECTATOR

Prefer to be more of an onlooker in the field of sports? There are plenty of fixtures all year round where you can go and cheer your team – and bond with other supporters. AFL, soccer, baseball, rugby, hockey and cricket are just some of the spectator sports available. And don't forget the excitement of watching a horse race. If you find ticket prices a bit steep for major games, think local. Your nearest WAFL team or university based baseball team could be just as much fun to watch, at a cheaper price.

TEAMS TO WATCH

http://www.cricket.com.au/fixtures#location=WACA%2C%20Perth
http://www.hockeywa.org.au/Comps-Events
http://www.perthglory.com.au/
http://www.perthracing.org.au/
http://www.perthscorchers.com.au/
http://www.wafl.com.au/games
http://www.westcoastfever.com.au/
http://www.wildcats.com.au/

FIVE - BE A CULTURE VULTURE

Visit art galleries or museums – if you love these places it is the perfect chance to strike up conversations with like-minded people. If you find it a bit awkward just to go up and chat to other visitors that catch your eye, think about doing a tour. Many art galleries and museums offer tours or artist talks (often free) that can help break the ice. As a bonus, usually there are nice coffee shops in or near galleries to take a date to, and many arts institutions are also now offering evenings with music and food.

VISUAL CULTURE SPOTS

http://artgallery.wa.gov.au
http://pica.org.au/
http://www.fac.org.au/
http://www.pcp.org.au/

SIX - FOLLOW YOUR FAITH

If you are a follower of any particular faith, don't overlook your local church or other religious institution as a place to meet a potential partner.

I believe it's more important in a relationship to share common values than a common faith, however you may find someone who ticks both boxes when you meet over shared faith. Your church, temple or other religious venue may offer not only social activities but opportunities to do good in the community – working together towards a shared purpose can be a great way to get to know someone well without pressure.

SEVEN - GET LITERARY

If you love a good book, bookstores can be a great place to meet other singles. While we may not have the amazing array of book stores in Perth as a larger city like New York or even Melbourne, there are still some great character filled locations where you can enjoy browsing, book signings, and readings.

Beaufort Street Books is a cozy location with a great program of events – sign up to their mailing list so you don't miss out.
http://beaufortstreetbooks.com.au/

New Edition is an iconic Fremantle bookstore open until 9pm every night.
http://www.newedition.com.au/

Northside Books is in a very hip location in the heart of Northbridge, with barista coffee available.
http://northsidebooks.com.au/

Planet books features games, cards and gifts as well as books, and a café.
http://www.planetvideo.com.au/

Oxford Street Books, on Oxford Street Leederville, is a great independent bookstore open late nightly - a fantastic place to browse after a movie at the nearby Luna Cinemas or a meal on Oxford Street.
https://www.facebook.com/pages/Oxford-St-Books/

EIGHT - SIP SOME SAUVIGNON

Did you know that wine tasting nights are held at many local liquor stores, small bars and even some restaurants? If you know your wine, or want to learn more, attending one of these events is a great way to get chatting to fellow wine lovers. Sign up to the newsletters of your local wine merchants to find out more.

La Vigna in Menora hosts a variety of wine tastings and other special events throughout the year. Tastings are often held in the purpose designed tasting room of their unique underground cellar, and sometimes at interesting locations off site.
http://www.lavigna.com.au/eventstastings/

Want to try some wines where they are made? Be a tourist in your own town for a day and join a food and wine tasting tour in Perth's own wine producing region Swan Valley.
http://www.svtours.com.au/

Even more serious about your wine? Check out the events and courses held by the WA Wine Assocation at the Claremont Showground
http://www.winewa.asn.au/

NINE - SHORT BLACK OR FLAT WHITE?

Do you love a great coffee? I do! And I also love a good coffee shop for meeting potential friends or dates.

The trick is to choose a coffee shop with a vibrant atmosphere and preferably shared tables or seating areas, so talking to others around you comes naturally. Perth's café scene is exploding and every week there are more amazing places to go, so here is just a small selection of my favourite Perth coffee shops and cafés with a great atmosphere and potential to meet other singles:

Bread in Common is THE place to go in beautiful historic Freo. While their organic bread is the key feature, you can still get a great coffee in an amazing atmosphere with communal tables
http://www.breadincommon.com.au/

Pull a bar stool up to the counter and sip your topped up macchiato at Sayers Sister in Lake Street Perth. It's easy to get chatting to the cute person next to you at this great city fringe location.
http://www.sayerssister.com.au/

In North Beach, Soda Café has a relaxed beachside vibe and a stunning view of the Ocean from its upstairs level.
http://www.sodacafe.com.au/

TEN - FEAST ON FESTIVALS

There now seem to be back to back festivals in Perth from at least October to May (and in the winter months there are some fantastic events in regional WA to attend if you get bored!).

I love the great atmosphere of festivals, where everyone seems a little less tense and more open to smiling at those around them. A short list of festivals that single Perth people attend is below, but also sign up to sites such as Weekend Notes to get updates on some of the other festivals that pop up in Perth. Don't forget, many of the larger festivals have free public events as well as ticketed events for you to attend.

Beaufort Street Festival takes over Mt Lawley for one day a year in November with markets, open air bars, music, an arts program and more. This festival is growing every year and attracts over 160,000 people. You'll definitely get up close and personal with many others if you venture onto the strip that day!
https://www.facebook.com/TheBeaufortStreetFestival

Fringe World transforms Perth from Australia Day for three weeks of incredible acts, open air bars and a carnival atmosphere through Northbridge. The communal tables in the Pleasure Gardens were the perfect spot to meet new people.
www.fringeworld.com.au

Perth International Arts Festival is one of the oldest multi-arts festivals in the world – right here in our city! Amazing international artists are brought to Perth every year and the late night music events have an incredible vibe.
https://www.perthfestival.com.au/

There are fewer big music festivals happening in Perth than there were some years ago, but there are still plenty of genres to choose from.
St Jerome's Laneway Festival is now held in Fremantle and will be on Valentine's Day in 2016 – what better excuse do you need to strike up a conversation with that good-looking festival goer next to you?
http://fremantle.lanewayfestival.com/

ELEVEN - TAKE CENTRE STAGE

If you're more into performing yourself than watching others, choirs, amateur theatre groups and bands can be great ways to meet others with similar skills. You don't even need to tread the boards of course – theatre groups need people like set designers and prop masters. Here are some of the active performance groups, bands and choirs in Perth to make new friends:

Love to make some noise? The Sambanistas are a group of ordinary folk who get together twice a week to bang drums, make beautiful music, and have a heap of fun in the process. Sometimes they even drink beer afterwards! No experience is necessary to try out as a Sambanista, just a willingness to have fun and not take it – or yourself – too seriously.
http://www.sambanistas.com/

Innaloo-based Stirling Players stages at least four productions a year, and new members are always welcome. Find out about auditions on their site.
http://www.stirlingplayers.com.au/

Do you know how to toot your own horn? Here is a list of brass and concert bands around the Perth Metro Area.
http://waba.asn.au/contact-us/wa-bands/

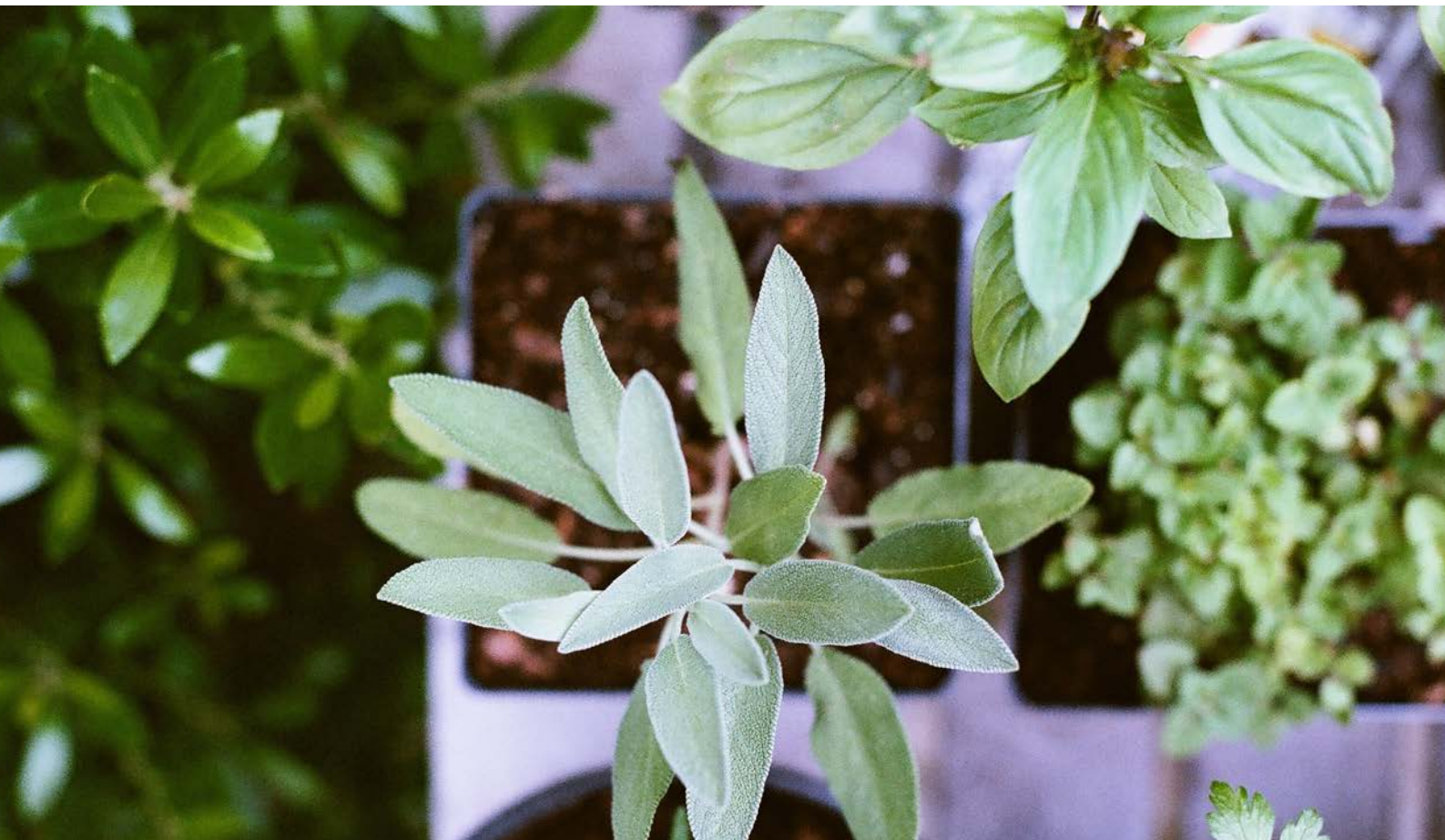
Western Australia's major choral association Voice Moves lists many Perth choirs and groups
http://www.voicemoves.com.au/

TWELVE - GET GREEN

If you are passionate about the environment and want to meet someone with similar interests, consider getting involved in tree planting, land restoration or even clean-up days in your local areas. Enquire with your local council about opportunities and groups to get involved with locally.

The Claise Brook Catchment Group is an incorporated community-based environmental group working to restore wetlands and improve the quality of water flowing into the Swan River from Perth city and inner city. The group has been operating since 1997 and meets on a monthly basis.
http://www.cbcg.org.au/

Friends of Kings Park has over 1300 members who support the park through membership subscriptions. About 200 of these regularly volunteer their time and efforts to assist in fundraising, growing native plants, bushland restoration, caring for the Botanic Garden and assisting with research.
http://www.friendsofkingspark.com/



THIRTEEN - GIVE TO GET BACK

Volunteering is an AWESOME way to meet a whole different range of people, and there are endless types of ways to volunteer. You can help the homeless, be part of major events, guide tourists around the city, care for animals and much more.

Job Site Seek.com.au has set up a whole website dedicated to Volunteering Opportunities:
https://volunteer.com.au/Opportunity/City/Perth

Volunteering WA connects thousands of volunteers to community organisations with the aim of building strong communities through volunteering.
http://volunteeringwa.org.au/

FOURTEEN - JOIN A CLUB

Do you think Rotary clubs and the like are just for your parents or grandparents? In fact, these clubs welcome younger people and are very active in the community, with many social opportunities.

The Rotary Club of Perth has members from many of WA's leading businesses and organisations who share a passion for making a difference to both the local, national and international community, through high profile fund raising projects such as The Great Bike Ride, Vienna Pops and Convicts for a Cause.
http://rotaryperth.wa.inaust.org/

Toastmasters is a group that helps you develop skills in public speaking – this will definitely get you out of your comfort zone and help you be more confident in all your communications.
http://toastmastersperth.org/

FIFTEEN - CHANGE UP YOUR DAILY ROUTINE

Are you stuck in a rut every day? Try to get out and about more and change your habits.

If you are used to cramming a quick sandwich at your desk, force yourself to take a quick half hour walk or sit in a park outside. Don't rule out where you go day to day – pay attention to the people you pass. Single people are everywhere –coffee shops, cafes, book stores, supermarkets, libraries, post offices.

How do you meet people in the supermarket or the coffee shop? If you are in line chat to the people in line with you, smile at people, actually make eye contact. Flirting and smiling works. It is not about saying the right thing, but about being genuine, friendly and open.

Walking a dog is a great way to strike up conversations, there is always the dog beach and talking about your pets is a favourite way to break the ice. If you always take the same route for your dog's daily walk, force yourself to go somewhere different – even if you have to drive there.

Don't hit the snooze button again - try some early morning yoga to supercharge your day!

SIXTEEN - ALL THE SINGLE FRIENDS

If you do have a group of single friends that you tend to hang out with, start going somewhere totally different. It may feel comfortable to go to the same places but by doing so you are missing out on meeting new people. Perth may be a small place but it is surprising how many people you will not come across going to the same places.

Also, rethink going out in large groups. Neither girls or guys tend to feel very comfortable approaching a large group of the opposite sex – it can be quite intimidating! If you can't face going out alone, pick one or two single buddies and agree that you will all make the effort to talk to other people (of both genders) while you are out.

SEVENTEEN - MEETUP WITH SOMEONE NEW

Meetup Groups are an incredibly good way to meet singles and make new friends in general! This is one of the top ways I ALWAYS recommend to singles who need to get 'out there' and give themselves the opportunity to come into contact with new people.

Meetup groups operate all over the world and there are literally 1000s of interest based groups, including groups for singles. As an example in Perth currently there are scrabble meetups, an All My Friends are in Relationships group, various singles groups, book clubs, comedy croups, food lovers, hiking groups, live bands – seriously, the list is endless.

The best thing about Meetup is that many events are free and there is no stigma at all in going alone (in fact it's often preferred)! They are a safe way to get out of your comfort zone and meet likeminded people. It gives you the chance to meet new friends as well as potential partners.

When you register for free on Meetup.com and sign up to an event, you will see a list of people who have indicated interest in the meetup as a whole (by joining the group) as well as those who have committed to going to each event – some groups allow you to see this without joining them.

All Meetup groups have value and you have the opportunity to choose one that suits you. The size of the groups range from small meets ups to ones with 150 people – if you are shy you might want to ease in with a smaller group that gives you the chance to get to know people. Also be aware that some groups are just for women or men – so if you want to meet someone of the opposite sex choose the right one! For example if you were a girl wanting to meet a guy – a ladies book club meetup might not be the best choice, although you may well meet some new friends there. The first time you go alone will be the hardest, but the rewards are worthwhile.

http://www.meetup.com/cities/au/perth/events/

EIGHTEEN - SPEED DATING AND SINGLES EVENTS

You didn't think I was going to leave this one out, did you?

Yes, singles events including speed dating are a great way to meet other genuine Perth singles in a safe environment! They are a very low risk way to 'dip your toe' in the singles scene as everyone is there to have a good time and hopefully meet someone they can grow to know better. In my years of running singles events in Perth I have had so much great feedback, including people letting me know of engagements, marriages and babies that have come about as a result of meeting at a Dare2Date event.

The good thing about attending an event like this, if you a shy or new to the singles scene, is that you never have to face that awkward moment at the end of the night when you wonder whether to ask for a phone number. The matches are done behind-the-scenes and you are informed the next day, taking away the angst of feeling you are going to be rejected or let down someone else. What's more, they aren't just about the dating – they are about having fun and plenty of people who have attended these events in the past have made new best friends in addition to meeting soulmates.

Now, some people aren't comfortable with the idea of attending a 'speed dating' event - it's just not for them. After talking to some of my clients, I realised there were a lot of people who wanted to be able to meet other singles in a super casual environment. To help make this happen, Dare2Date has introduced a range of events such as cooking classes and walking pub crawls for singles which have proven extremely popular. It's really just like going out with a group of single friends to have fun

All Dare2Date's upcoming singles events can be viewed and booked on our website www.dare2date.com.au and you can find out about news and upcoming events on our facebook page and in our newsletter.

THE BEGINNING OF YOUR NEW ADVENTURE

I hope this report has changed your mind about there being nowhere to meet genuine singles in Perth. Just to recap, to change your luck in your single life here are my five overall tips:

1. First, work on yourself. Approach your single life positively – it's an adventure and a great chance to explore things that you enjoy doing.

2. Think about how you come across. It's not about being the thinnest person or having the best head of hair in the room. Rather, dressing so you know you look your best, holding your head up and smiling can do wonders for how attractive you appear. If you show that you love yourself first, it will act like a magnet for others.

3. Don't despair if a date doesn't work out. Remember, it's a numbers game and the more people you meet, the closer you are to finding 'the one'.

4. Take things slowly and really get to know a date. Many potential relationships have been spoiled by either rushing in too fast and scaring your date off, or not giving things a chance because you are expecting 'fireworks' on the first meeting.

5. Most importantly – push yourself out of your comfort zone and GET OF THE COUCH! You are not likely to meet someone new by going to the same old places with the same people, or sticking to where you feel secure. Try new locations, learn new skills, surprise yourself – as you can see from my list there are so many great places to meet singles in Perth – you just have to get out amongst it!

NEED MORE?

If you are still overwhelmed don't despair – Dare2Date offers services to help you at every step of your single journey including:

Speed dating and fun singles events

Dating Coaching – to help you have the best chance succeeding in your dating life

Online profile writing and virtual dating assistance

Profile photography

DARE2DATE.COM.AU

See you soon!

X Debbie